

*The following Capacity Development and Skill Enhancement activities are organized for improving students' capabilities:*

**LANGUAGE AND COMMUNICATION SKILLS**

<b>Sr.No.</b>	<b>Topic</b>
<b>01</b>	Session on "Derivation of Words and Hobbies during Lockdown " under the Motivational Lecture Series

**VPM's B.N.Bandodkar College of Science (Autonomous), Thane**

**Report of Motivational Lecture Series 2020-2021**

**Topic - Derivation of words and Hobbies during lockdown**

**Date:** 5th August, 2020

**Name of the department conducting event:** Department of Botany, VPM's B. N. Bandodkar College of Science (Autonomous), Thane

**Class & Number of participants – S. Y. B. Sc - 25**

**Number of teachers - NIL**

**Resource person:** Ms. Priyanka Varma Asst. Professor, Department of Botany, VPM's B. N. Bandodkar College of Science (Autonomous), Thane

**Platform:** Google meet

COVID 19 pandemic has affected our mental health. It has created a psychological impact particularly in students. To cope with such stressful situations we need to divert our minds. Keeping this thought in mind a discussion was arranged on the topic 'Hobbies during lockdown'. Students discussed the hobbies which they were doing in their home during lockdown. The hobbies in which students were engaged are painting, sketching, terrace gardening, balcony gardening, kitchen gardening, poem writing, DIY art and crafts and many more. Students share the photographs of their drawings and crafts and flowers grown in their home garden. Also during this lockdown students have enough time as college was closed offline and most of the students are interested in giving competitive exams. So to utilize their time and help them to prepare for the exam students were introduced to an easy topic 'Derivation of words' which is part of the many competitive exams syllabus. Students learned the origin of commonly used words, for example the word '*Chai*' originated from the Chinese language and is used in other languages. Overall the session was interesting, informative and de - stressing, and enjoyed by the students.

**Outcomes :**

- Students discovered new hobbies during lockdown
- Hobbies helped them to minimize anxiety and to deviate their mind from the current pandemic situations.
- Students were introduced to an easy topic from the syllabus of competitive exams.
- They were aware of utilizing the time for preparation of competitive exams that will help them to build a successful career.